

**TOPIC:**

**What did I want to learn about this topic?**

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**What learning style did I choose for the topic?**

**Why did I choose this learning style?**

**Which aspects of the topic do I feel confident in?**

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**Which aspects of the topic I do not feel confident in?**

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**How am I going to practice the new material?**

**Where am I going to apply the new material?**

**What will I do if I forget something about the topic?**